

# Rash

**Dr = Doctor    Pt = Patient**



Dr : Hello. My name is Dr. Napawan. How are you this mornind?

Pt : Hello, doctor. I'm Phillip Dickinson.

Dr : What can we do for you today?

Pt : Well, I've developed this rash on my elbow.

Dr : When did it appear?

Pt : About 6 months ago.

Dr : And has it changed at all since then?

Pt : Yes, it's gotten bigger. It's sore and sometimes it cracks and bleeds.

Dr : Any similar rashes elsewhere? Have you ever had this happen before?

Pt : No.

Dr : Is there anything that makes it better or worse?

Pt : Well, I think the sun makes it better. I went on vacation last month and it seemed to improve slightly.

But then it got worse again.

Dr : Have you tried any creams or lotions?

Pt : Yes, some skin lotion, and an over-the-counter steroid cream. Neither one did anything.

Dr : Any other symptoms? Fever, joint pain, headache?

Pt : No.

Dr : Any family history of similar problems? Rashes, skin diseases, auto-immune disease?

Pt : Well, my mother has skin cancer. I'm worried this might be the same thing. Is it?

Dr : No, I don't think so. But we'll keep that in mind. Any history of allergies or asthma?

Pt : No.

Dr : Any burns or trauma at that site?

Pt : You mean recently?

Dr : No, ever.

Pt : Yes. I broke my arm near the elbow on that side when I was a kid.

Dr : OK. And are you diabetic? Or does it run in your family?

Pt : Not that I know. No.

Dr : Let's take a look at it.

Pt : Tell me, doc. Is it cancer?

Dr : It doesn't look like it. But we'll do a biopsy. It looks more like psoriasis. The skin becomes inflamed and thickened. It can look a little frightening until it's treated.

Pt : How do we treat it?

Dr : Usually with prescription strength steroid creams. Sometimes wrapping it in plastic wrap will help force the cream into the tissues and make it more effective. Ultraviolet light treatments may also help. (That's why the sun was beneficial.) But too much can cause skin cancer.

Pt : Oh, I don't want that!

Dr : No. There are other treatments, such as lotions containing coal tar, and topical retinoids, but the most promising treatment involves a couple of new drugs called Enbrel and Remicade. Unfortunately they're very expensive, so we will try the cheaper remedies first.

### Vocabulary

Coal tar (โคลทาร์) n.	น้ำมันดินที่ทาจากถ่านหิน
Crack (แครค) vi., vt.	ล่องหลุด กะเทาะออก แตกร้าว แตกละเอียด
Elsewhere (เอลซเวร์) adv.	ที่อื่น แห่งอื่น
Frightening (ไฟร์เทินนิง) adj.	น่าหวาดกลัว น่าตกใจ
Promising (พรอม'มิสซิง) adj.	มีอนาคตดี มีความหวัง แว
Psoriasis (โซเรียซ ซิส) n.	โรคสะเก็ดเงิน โรคผิวหนังที่มีลักษณะแดงเป็นวง
Remedy (เรมิงมีดี) n.	ยารักษาโรค [มีความหมายเหมือนกับ medication และ medicine] สิ่งใช้รักษาโรค
Unfortunately (อันฟอ'ชะเนทลี่) adv.	น่าเสียดาย โชคไม่ดี โชคร้าย